

Anne Cecelia Chodzko, Ph.D., P.C.

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Academic History

Ph.D., 1992 Rosalind Franklin University of Medicine and Science; North Chicago, Illinois
Major: Clinical Psychology with health psychology emphasis

1987-1988 Internship in Clinical Psychology Illinois State Psychiatric Institute (ISPI)
Accredited by the American Psychological Association

B.A., 1985 University of Minnesota, Twin Cities
Major: Psychology, Graduated Cum Laude

Licensures

Licensed Clinical Psychologist
Illinois License # 071-004654
Registered Professional Service Corporation
Illinois License # 060-009125

Clinical Experience

DATES: 6/93-Present
TITLE: Clinical Psychologist
PLACE: Private Practice in Chicago, Evanston, and Grayslake Illinois
DUTIES: Provide individual therapy.

DATES: 3/98-3/10
TITLE: Clinical Psychologist/Independent Consultant
PLACE: Somerset Place; Chicago, Illinois
DUTIES: Perform an initial assessment of patients who reside in an intermediate care facility for persons with chronic mental illness (ICF-MI) to determine their appropriateness for participation in group therapy or individual therapy. Conduct 3x/weekly group therapy with emphasis on social skills training, building communication skills, conflict resolution and independent living skills. Conduct once or twice/weekly psychotherapy in order to address issues that require individualized attention. Provide feedback to facility staff regarding residents' decompensation or change in physical/mental status.

DATES: 3/93-3/98
TITLE: Clinical Psychologist with Midwest Mental Health Care Providers; Chicago, Illinois
PLACE: Somerset Place; Chicago, Illinois

DUTIES: Perform an initial assessment of patients who reside in an intermediate care facility for persons with chronic mental illness (ICF-MI) to determine their appropriateness for participation in group therapy or individual therapy. Conduct 3x/weekly group therapy with emphasis on social skills training, building communication skills, conflict resolution and independent living skills. Conduct once or twice/weekly psychotherapy in order to address issues that require individualized attention. Provide feedback to facility staff regarding residents' decompensation or change in physical/mental status.

DATES: 6/96-6/97

TITLE: Director of Clinical Training/Clinical Supervisor

PLACE: Midwest Mental Health Care Providers;
Chicago, Illinois

DUTIES: Interview prospective practicum students. Lead orientation with new prospective students. Devise seminar schedule for academic year. Coordinate and direct meetings with clinical supervisors. Facilitate resolution to training-related problems. Oversee completion of practicum requirements for all practicum students. Provide individual supervision to clinical practicum students. Lead seminars with clinical practicum students on topics including suicidal/homicidal assessment, mental status examination, cognitive assessment, and the new vs. the old chronic patient. Evaluate student performance and communicate information to his/her graduate program faculty.

DATES: 7/91-9/93

TITLE: Clinical Coordinator, Emergency Psychiatry Service

PLACE: Emergency Housing Program (EHP), Northwestern Memorial Hospital; Chicago, Illinois

DUTIES: Function as outpatient therapist/treatment coordinator using multidisciplinary team model. Completion of psychiatric evaluations. Serve as the Northwestern Memorial Hospital representative for the Illinois Association of Community Mental Health Agencies (IACHMA). Provide individual and group supervision to mental health workers, case managers and therapists. Review, modify, and clarify treatment plans and treatment plan updates (weekly) on all EHP residents. Meet with residents individually to assess clinical status when issues arise, and plan appropriate interventions with staff, therapists, and other programs. Screen prospective new residents for appropriateness to the program. Provide rapid psychological testing reports as needed. Maintain an awareness of budget issues and adjust clinical planning in conjunction with budget constraints. Prepare quarterly Quality Management Reports. Design and implement proposals for program and system-wide improvements. Offer inservice educational programs and devise new educational efforts toward the increased competence of Emergency Housing Program staff. Provide 24-hour clinical consultation to EHP staff and crisis workers.

DATES: 10/89-7/91

TITLE: Crisis Therapist, Emergency Psychiatry Service

PLACE: Emergency Housing Program, Northwestern Memorial Hospital; Chicago, Illinois

DUTIES: Function as an outpatient therapist and treatment coordinator using a multidisciplinary team model. Completion of psychiatric evaluations using DSM-III-R classification system. Conduct twice weekly outpatient psychotherapy. Provide weekly input on treatment plans. Participate in weekly staff supervision and clinical development groups. Provide 24-hour clinical consultation to EHP staff and crisis workers.

DATES: 9/88-4/90

TITLE: Eating Disorders Consultant

PLACE: Lutheran General Hospital; Park Ridge, Illinois

DUTIES: Conduct ongoing weekly group and individual psychotherapy with an eating disorders population. Completion of psychodiagnostic evaluations for applicants to the weight loss program.

DATES: 7/88-10/89
TITLE: Crisis Coordinator, Emergency Psychiatry Service
PLACE: Northwestern Memorial Hospital; Chicago, Illinois
DUTIES: Coordination of emergency psychodiagnostic evaluations with ER attendings, nursing staff and psychiatry medical residents for the purpose of creating dispositions for patients who present in the emergency room. Provide crisis treatment and containment of psychiatric issues. Respond to crisis telephone calls with a brief assessment, intervention and referral when indicated.

DATES: 9/86-10/87
TITLE: Crisis Worker, Emergency Psychiatry Service
PLACE: Northwestern Memorial Hospital; Chicago, Illinois
DUTIES: Rapid assessment and psychodiagnostic evaluations for the purpose of creating dispositions for patients who present in the emergency room and in the walk-in outpatient clinic. Crisis treatment and containment of psychiatric issues. Respond to crisis telephone calls with a brief assessment, intervention and referral when indicated.

DATES: 1/84-3/84
TITLE: Teaching Assistant
PLACE: Rosalind Franklin University of Medicine and Science; North Chicago, Illinois
DUTIES: Adult Cognitive Assessment

DATES: 11/79-6/80
TITLE: Research Assistant
PLACE: University of Minnesota; Minneapolis, Minnesota
PROJECT: Investigation of the facets of competency that enable children to cope with stressful life events.
DUTIES: Administration of sociometries. Data analyses and interpretation.

Clinical Practica

DATES: 7/85-7/86
TITLE: Chemical Dependence Partial Hospitalization Program; 1500 hours
PLACE: Northwestern Memorial Hospital; Chicago, Illinois
DUTIES: Conduct short and long-term psychoanalytic psychotherapy. Provide interpretative feedback on the Minnesota Multiphasic Personality Inventory (MMPI) to patients. Lead weekly educative, process-oriented seminars on chemical dependence issues with partial hospital patients. Co-lead weekly educative, process-oriented family seminars on chemical dependence issues using a systems theory approach. Write weekly chart notes and complete formal assessments on patients. Case management for partial hospital patients.

DATES: 1/85-5/85
TITLE: Affective Disorders Evaluation Unit; 300 hours
PLACE: Northwestern University Medical Center; Chicago, Illinois
DUTIES: Semi-structured diagnostic interviewing of patients with symptoms suggestive of an affective disorder. Administration of personality measures and self-rating scales. Integrate interview and test data into a comprehensive report. Provide treatment recommendations (e.g., medication, therapeutic interventions) consistent with diagnosis.

DATES: 9/84-5/85
TITLE: Consultation Liason for Psychiatric and Neurologic Patients and Their Families; 700 hours
PLACE: Northwestern University Medical Center,

Lakeside Veterans Administration Hospital;
Chicago, Illinois

DUTIES: Diagnostic interviewing, mental status examination and patient charting.
Conduct brief psychotherapy with medical patients. Administration of neuropsychological, cognitive, objective, and/or projective measures as they relate to the referral question.
Scoring the tests and writing reports. Participate in weekly didactic seminars on projective testing. Participate in weekly neuropsychological case conferences.

DATES: 9/83-1/84

TITLE: Cognitive Assessment of Diabetic Children; 120 hours

PLACE: Rosalind Franklin University of Medicine and Science; North Chicago, Illinois

DUTIES: Administration of the Wechsler Intelligence Scale for Children-Revised (WISC-R).
Scoring tests and writing reports.

DATES: 9/83-12/83

TITLE: Outpatient Therapy; 60 hours

PLACE: North Chicago Veterans Administration Medical Center; North Chicago, Illinois

DUTIES: Application of therapeutic techniques to health psychology.

DATES: 8/83-10/83

TITLE: Neuropsychological Assessment of Juvenile Diabetics; 90 hours

PLACE: Rosalind Franklin University of Medicine and Science; North Chicago, Illinois

DUTIES: Administration and scoring of neuropsychological tests with a juvenile diabetic population.

DATES: 6/83-9/83

TITLE: Outpatient Therapy; 60 hours

PLACE: North Chicago Veterans Administration Medical Center; North Chicago, Illinois

DUTIES: Train in the treatment of sexual dysfunction, anxiety, and anxiety-related problems (e.g., stuttering).

DATES: 3/83-6/83

TITLE: Biofeedback; 60 hours

PLACE: North Chicago Veterans Administration Medical Center; North Chicago, Illinois

DUTIES: Train in electrophysiological measures such as EMG, GSR, thermal regulation, and blood pressure cuff.

DATES: 1/83-3/83

TITLE: Triage; 60 hours

PLACE: North Chicago Veterans Administration Medical Center; North Chicago, Illinois

DUTIES: Diagnostic interviewing, mental status examination, assessment and charting with psychiatric inpatients.

DATES: 9/82-12/82

TITLE: Case Conference; 30 hours

PLACE: North Chicago Veterans Administration Medical Center; North Chicago, Illinois

DUTIES: Train in diagnostic observation, mental status examination, differential diagnoses and treatment of psychiatric inpatients.

Research Practica

DATES: 1/84-3/84

TITLE: Postpartum Depression; 30 hours

PLACE: Rosalind Franklin University of Medicine and Science; North Chicago, Illinois

DUTIES: Delineation of three forms of Postpartum depression (Blues, Nonpsychotic, Psychotic) with emphasis on nonpsychotic type.

DATES: 6/83-9/83

TITLE: Diabetes Mellitus; 30 hours

PLACE: Rosalind Franklin University of Medicine and Science; North Chicago, Illinois

DUTIES: A critical review of research regarding medical complications, dietary compliance and cost effectiveness of treatment regimen in juvenile and adult-onset diabetics.

DATES: 9/83-12/83

TITLE: Neuropsychological Consequences of Early Brain Damage, 30 hours

PLACE: Rosalind Franklin University of Medicine and Science; North Chicago, Illinois

DUTIES: Examination of the issues: plasticity, assessment, structural vs. functional abnormalities, generalized vs. localized damage, individual differences in recovery of functions.

DATES: 5/83-9/83

TITLE: Children's Play Behavior

PLACE: Rosalind Franklin University of Medicine and Science; North Chicago, Illinois

DUTIES: Videotaped observation of gender differences in play behavior.

Honors and Memberships

1988 Membership to American Psychological Association

1980 Undergraduate Research Grant, University of Minnesota

1980 Membership to Psi Chi National Honor Society

Presentations

Masten, A.S. and Chodzko, A.C. (1985). The Role of Humor in Children's Stress and Coping. American Psychological Association

Clinical Management and Treatment of Homeless Psychiatric Patients, Northwestern Memorial Hospital; Emergency Psychiatry Service (1990, 1991).