

# Kathleen A. Janak LCSW

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## EDUCATION

- Loyola University Chicago**, Chicago, Illinois  
Masters of Social Work: Child and Family Specialization 2014
- Illinois State University**, Normal, Illinois,  
Bachelor of Science Degree: Human Development and Family Relations 2011

## EXPERIENCE

- Northwestern Medicine-Warreville, IL* *October 2021-Present*  
*Chicago, IL* *February 2018-October 2021*  
Oncology Social Worker
- Engage with patients and their support system to provide counseling services to reduce stress related to their cancer diagnosis.
  - Provided education and guidance on how to navigate conversations with family and friends related to diagnosis
  - Connect patients with community resources to reduce the financial and emotional stress they experience before, during, and after treatment.
  - Assist patients in completing applications for pharmaceutical assistance to reduce the out-of-pocket expenses for prescription medications.
  - Facilitated conversations around advance directives and assisted with referrals and transition to hospice care at end of life.
- Seasons Hospice and Palliative Care-Des Plaines, IL* *November 2017-February 2018*  
Hospice Social Worker
- Complete Social Work and Bereavement Assessments in accordance with Medicare guidelines to address the psychological and social needs of patients and families.
  - Develop care plans to meet the needs of the patient and family to best prepare for the end of life.
  - Collaborate with the interdisciplinary team to review patient needs on a weekly basis and facilitate updated plans of care to best support patients and their families
  - Provide bereavement support to family members following a patient's death.
- CareOptions, North Shore Senior Center-Northfield, IL* *April 2015-November 2017*  
Geriatric Care Manager
- Conduct Individualized Needs Assessments to identify client needs including physical and mental health, social resources, environmental safety, and functional ability. Create personalized care plans based on these assessments
  - Make referrals to appropriate community agencies such as crisis intervention, legal advocacy, and counseling agencies for medical, mental, physical, financial, legal, and social needs as needed.
  - Provide medical advocacy for clients during medical appointments, ER visits, and hospitalizations.
- North Shore Senior Center- Northfield, IL* *June 2014- March 2015*  
Case Manager
- Managing a caseload of 175 senior clients ensuring the completion of an annual assessment of needs and establish a current service plan with goals. Update and change service plan as necessary throughout the year.
  - Work with clients and their families to ensure that the referrals for social, mental, physical and environmental services are coordinated and implemented.
  - Ensure all documentation is current and following IDOA guidelines.